

Using your mobile alarm



1 SOS

When you need help

Press the SOS/Help button down for 3 seconds till you feel a vibration. It will beep for 20 secs before it starts the sequence of help text messages followed by the outgoing help calls.



2 Barbara. Help me!

Help text messages sent

The pendant will send a text message to all of your emergency contacts. Mobile numbers only will receive the exact, GPS location of the wearer on Google Maps or the last known position.



3

Help call sequence begins

The pendant will then begin to call your emergency contacts in order. The first person to answer is the person who can talk to you. The wearer listens & speaks hands-free. To end the call and sequence the wearer clicks SOS or the contact can the press **1** key on their phone. The contact can press the **0** key to extend the 1 min call by a further 10 minutes.

Programming of your emergency contacts

Normally we have pre-programmed your mobile alarm with up to 5 contact numbers. Refer below if you wish to change any of them at any time.

TIP

The text messages will not be sent for 20 secs after activation. You can cancel the text messages and voice calls by clicking the SOS button during this time.

TIP

The mobile alarm can call mobiles & landlines. Only people with mobile phones will receive the text message with the location on Google Maps.

How to make changes to emergency contacts.

You can make changes to the emergency contacts and other settings by sending simple commands to the mobile number of the pendant via text. To change any contact number send these commands to it from a mobile phone:

- | | | |
|----------|--|------|
| Person 1 | | Send |
| Person 2 | | Send |
| Person 3 | | Send |
| Person 4 | | Send |
| Person 5 | | Send |

Do not include spaces in any text command. Is not case sensitive. The pendant will respond to each text command with a reply text to confirm the change. To check the list of contacts send the text command to the pendant: **status**

Calling the pendant.

Anyone who knows the mobile number of the pendant can call it and it will answer automatically in hands-free in speakerphone mode.

Finding the location of the pendant using GPS.

To find out the location of the pendant send a simple text command to the pendant:

Send

The devices will send a reply text with it's location or last known position on Google Maps.

Turning fall detection off.

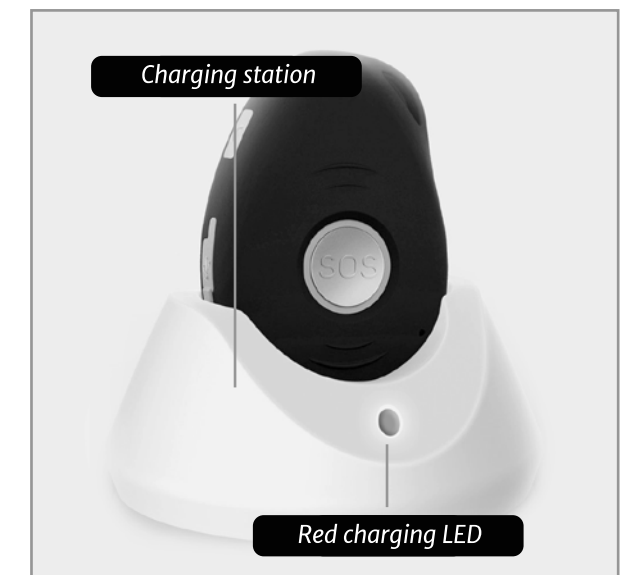
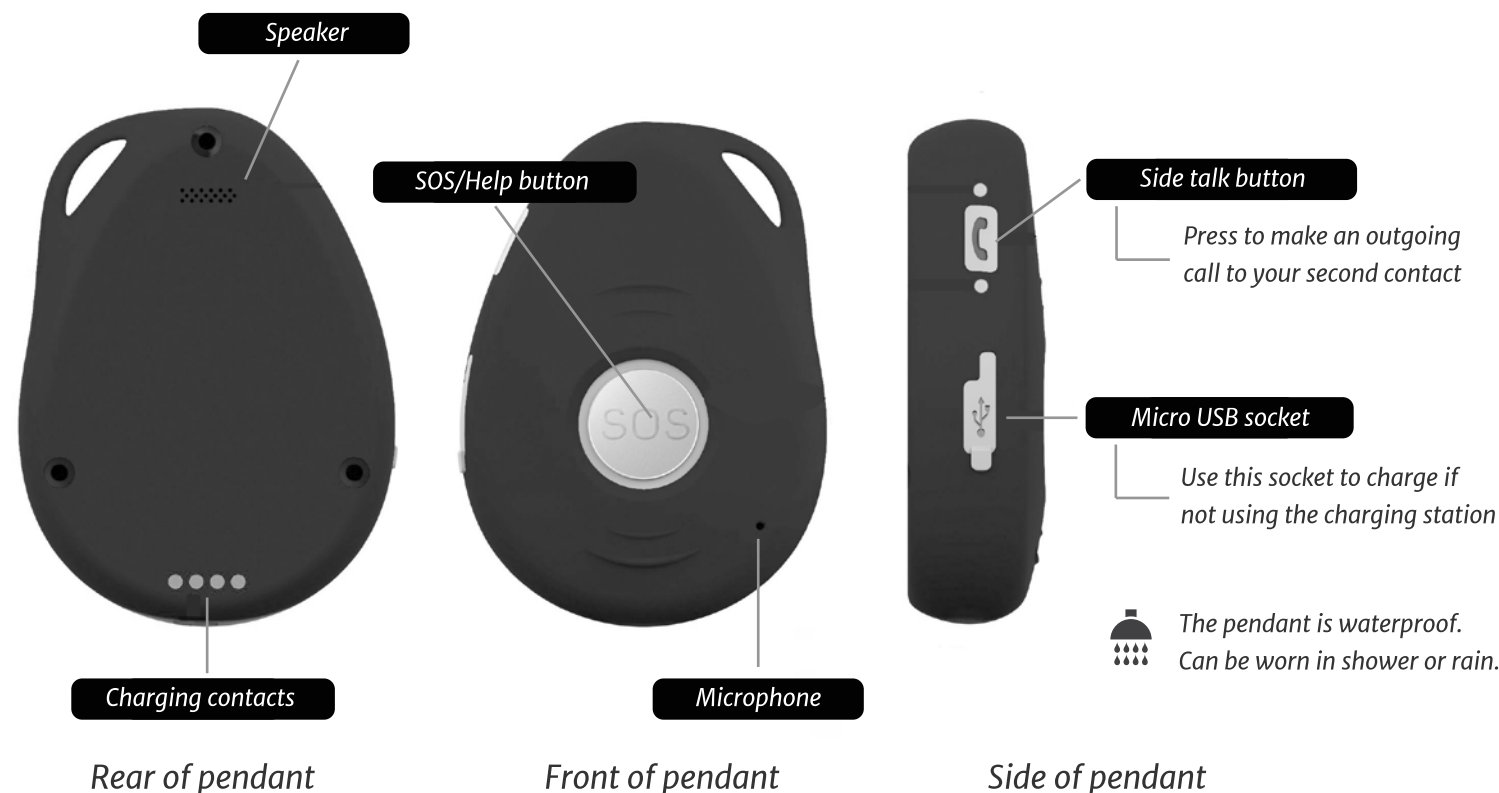
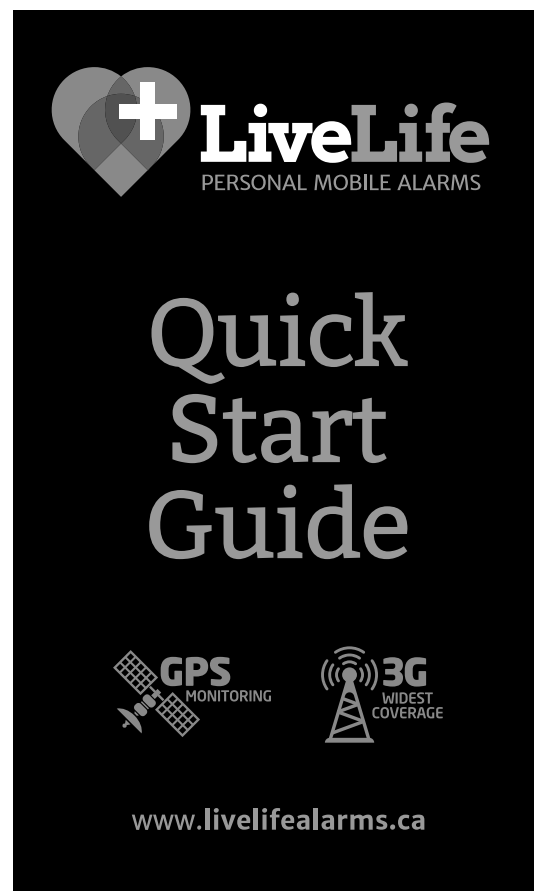
To turn fall detection **on** send text:

Send

To turn fall detection **off** send text:

Send

Introduction



CHARGING STATION

- When the charging station is plugged in the Red LED will have a faint glow. When the pendant is placed in it and positioned correctly it will glow brightly and vibrate.
- Do not use any other power source to charge the device such as a charger for a tablet or smartphone as this will cause damage and void the warranty.

Charging your pendant

- Before you use the pendant, please place it in the charging station for at least one hour before using. ***Do not use** any other power adapter.
- When placing the pendant in the charging station make sure it is positioned correctly. The red light on the charging station should glow brightly.
- We recommend you recharge the pendant every night if it is being worn all day.
- When the battery level in the pendant falls below 12-15 % it will send a low battery warning text message to all people on the emergency contact list. This can be turned off by sending it a text command: **LOW0**

TIP It is a good idea to keep the charging station next to your bed at night. That way you can have it close by and you can place it in there each night to recharge.

Turning on and off & getting a GPS fix

- To turn on the pendant—press the side talk button till the pendant vibrates. The Green and Blue LEDs will flash rapidly. The pendant can also be turned on automatically by placing it into the charging station or connecting to the power via USB cable connected to the side power socket on the pendant.
- To turn the pendant off—hold down the SOS button and the side talk button together till the pendant vibrates. The Green and Blue LEDs go off.
- To get an initial fix for the GPS features, use outdoors or near a window so the pendant can get a fix on the satellites. This could take 10 mins.

TIP If the pendant is indoors and cannot get a fix on the satellites it will attempt to use the mobile network to fix its location, although this method is not as accurate.